

WHAT BLOOD PRESSURE



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Blood Pressure Blood pressure chart

Blood pressure chart for adults. Using this blood pressure chart: To work out what your blood pressure readings mean, just find your top number (systolic) on the left side of the blood pressure chart and read across, and your bottom number (diastolic) on the bottom of the blood pressure chart. Where the two meet is your blood pressure.

<http://ebookslibrary.club/Blood-Pressure-Blood-pressure-chart.pdf>

Blood pressure Wikipedia

Blood pressure (BP) is the pressure of circulating blood on the walls of blood vessels. Used without further specification, "blood pressure" usually refers to the pressure in large arteries of the systemic circulation .

<http://ebookslibrary.club/Blood-pressure-Wikipedia.pdf>

Blood Pressure What is blood pressure

Every blood pressure reading consists of two numbers or levels. They are shown as one number on top of the other. The first (or top) number is your systolic blood pressure. It is the highest level your blood pressure reaches when your heart beats. The second (or bottom) number is your diastolic blood pressure. It is the lowest level your blood pressure reaches as your heart relaxes between beats.

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Blood Pressure Chart Numbers Normal Range Systolic

Do you often wonder what your blood pressure numbers mean? Doctors call them systolic (the top number) and diastolic (the bottom number) blood pressure.

<http://ebookslibrary.club/Blood-Pressure-Chart-Numbers--Normal-Range--Systolic--.pdf>

Blood pressure What is normal Medical News Today

Blood pressure is essential to life because it forces the blood around the body, delivering all the nutrients it needs. Here, we explain how to take your blood pressure, what the readings mean

<http://ebookslibrary.club/Blood-pressure--What-is-normal--Medical-News-Today.pdf>

High blood pressure hypertension NHS

High blood pressure, or hypertension, rarely has noticeable symptoms. But if untreated, it increases your risk of serious problems such as heart attacks and strokes.

<http://ebookslibrary.club/High-blood-pressure--hypertension--NHS.pdf>

Blood Pressure Readings Explained Healthline

Blood pressure readings are expressed in millimeters of mercury. This unit is abbreviated as mm Hg. A normal reading would be any blood pressure below 120/80 mm Hg and above 90/60 mm Hg in an adult.

<http://ebookslibrary.club/Blood-Pressure-Readings-Explained-Healthline.pdf>

Causes of High Blood Pressure Risk Factors Weight Diet

High blood pressure, also called hypertension, is dangerous because it makes the heart work harder to pump blood out to the body and contributes to hardening of the arteries, or atherosclerosis

<http://ebookslibrary.club/Causes-of-High-Blood-Pressure-Risk-Factors--Weight--Diet--.pdf>

Blood pressure chart What your reading means Mayo Clinic

Blood pressure readings fall into four general categories, ranging from normal to stage 2 high blood pressure (hypertension). The level of your blood pressure determines what kind of treatment you may need.

<http://ebookslibrary.club/Blood-pressure-chart--What-your-reading-means-Mayo-Clinic.pdf>

High Blood Pressure National Heart Lung and Blood

Heart-healthy lifestyle changes can prevent high blood pressure, reduce elevated blood pressure, help control existing high blood pressure, and prevent complications, such as heart attack, heart failure, stroke, vascular dementia, or chronic kidney disease.

<http://ebookslibrary.club/High-Blood-Pressure-National-Heart--Lung--and-Blood--.pdf>

What is high blood pressure what are the symptoms and

High blood pressure can present a serious risk of heart attacks and strokes if left untreated. Some symptoms can include severe headaches, fatigue or confusion, vision problems and chest pains.

<http://ebookslibrary.club/What-is-high-blood-pressure--what-are-the-symptoms-and--.pdf>

Understanding Blood Pressure Ultimate BP by Age Chart

Normal blood pressure chart by age + factors for understanding blood pressure readings & ranges. Learn systolic & diastolic symptoms, causes, & perfect blood pressure reading. Find good + healthy ways to monitor & lower high bp numbers.

<http://ebookslibrary.club/Understanding-Blood-Pressure--Ultimate-BP-by-Age-Chart--.pdf>

What is Prehypertension Blood Pressure November 2018

Everyone values their life, that why at the face of a sickness one seeks medical attention. Even though some detest drugs, it is vital to get treated for whatever sickness one has, or may suspect to have.

<http://ebookslibrary.club/What-is-Prehypertension-Blood-Pressure-November-2018-.pdf>

What Is Considered High Blood Pressure Healthline

Blood pressure is determined by the amount of blood pumped by the heart and how easily blood flows through arteries. High blood pressure (hypertension) is when blood flows through your blood

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